Welcome to Under 6 Nippers at Fremantle Surf Lifesaving Club!

**Age Group Managers:**

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| **Ian Clarke** |  |

**Club information:**

w: [www.fremantlesurfclub.com.au](http://www.fremantlesurfclub.com.au) e: [fmslsc@fremantlesurfclub.com.au](mailto:fmslsc@fremantlesurfclub.com.au)

p: Administration 9335 4359

Office Hours: Mon-Fri 9am to 3pm, Sunday 8am to 12pm

Uniform Shop: Sun 8am – 12pm

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| **FIRST DAY ON THE BEACH 14 OCTOBER – 8:45AM START – SHARP!** |
| **Session Times:** |
| 8.15 - 8.40am check in - on time |
| 8.40 – 8.45am announcements |
| 8.45 – 10.15am activities |

**Parking is a concern, please ensure you leave enough time to find a parking spot.**

We have over 500 nippers + senior members + general public + Bib & Tucker customers. Please allow time to park and walk. Consider other modes of transport such as riding your bike or catching a train.

**PARKING ON THE MEDIAN AND PEDESTRIAN STRIP WILL INCUR A FINE FROM THE CITY OF FREMANTLE**

**Basic Requirements:**

* Broad Brim Hat
* Long sleave top for on beach / wet suits for cold days OK
* Rash vest with name on front and back
* Swimming Goggles
* Sunburn cream on all exposed skin **before leaving home**
* Sunglasses
* Water bottle
* Ice bottle for stingers (freeze a water bottle the night before ?)
* Towel
* Healthy snack
* Thongs or sandals for the days when the sand is hot
* Warm clothing for cold days

**PARENTS’ HINTS AND TIPS**

* WEAR YOUR SWIMMERS – YOU WILL GET WET.
* Ensure your Nipper(s) has/have had breakfast before coming to the beach.
* A plastic tub to carry all the gear in is very useful.
* There is a cap roster for cleaning the caps – Hand rinse don’t put them in the washing machine or dryer, you spend the next week untangling them.
* A parent MUST BE with the child at all times. If you help in the canteen we will help out !
* Label all clothing and belongings.
* Encourage your child throughout the session and be sure you are present at all times.
* Be supportive of the person in charge of your group. All Age Group Managers are volunteers and rely on assistance from parents.
* We are not a swimming instructors, We will not teach your children to swim
* To be fair to others, please ensure your child is on time for sessions.
* Never leave the beach without signing your child out and returning their cap

**Sign-in & Sign out:**

* When you arrive at the beach come and sign in and collect your nippers cap
* The nippers cap is to be WORN throughout the session - DO NOT TAKE IT OFF
* When you sign-out at the end of the session remove your cap and return it to the AGM

**Volunteers**

* The club runs on volunteers
* We require Water Safety / Age Group Managers / Officials / Canteen Representatives and Canteen Workers
* If you are not Water Safety qualified (SRC/Bronze) or an Age Group Manager you will be rostered on to assist in the canteen failure to do attend on your rostered day may exclude your child from receiving club awards

**Attendance:**

* For children to receive the Surf Play Certificate attendance must be 60%
* If your child is going to be away for an extended period of time please let me know.

**Season Timetable: (subject to change)**

* Refer to the Club Calendar Displayed at the club

**Communication:**

* We will communicate to our Nipper parents via a regular email from your AGM – make sure your email is correct
* Additional information can be found on the club web site

**Nipper Education Outcomes:**

