



# SunSmart WA Surf Life Saving Championships – Masters

## Monday 6 March 2023 – Trigg Beach



### PROGRAM OF EVENTS

TIME	
6.30am	Officials and Team Managers briefing
6.45am	Marshalling

	WATER 1	WATER 2	
7.00am	70+ Female Board Rescue Race	70+ Male Board Rescue Race	
	65-69 Female Board Rescue Race	65-69 Male Board Rescue Race	
	60-64 Female Board Rescue Race	60-64 Male Board Rescue Race	
	55-59 Female Board Rescue Race	55-59 Male Board Rescue Race	
	50-54 Female Board Rescue Race	50-54 Male Board Rescue Race	
	45-49 Female Board Rescue Race	45-49 Male Board Rescue Race	
	40-44 Female Board Rescue Race	40-44 Male Board Rescue Race	
	35-39 Female Board Rescue Race	35-39 Male Board Rescue Race	
	30-34 Female Board Rescue Race	30-34 Male Board Rescue Race	
	70+ Ironwoman Race	70+ Ironman Race	
	65-69 Ironwoman Race	65-69 Ironman Race	
	60-64 Ironwoman Race	60-64 Ironman Race	
	55-59 Ironwoman Race	55-59 Ironman Race	
	50-54 Ironwoman Race	50-54 Ironman Race	
	45-49 Ironwoman Race	45-49 Ironman Race	
	40-44 Ironwoman Race	40-44 Ironman Race	
	35-39 Ironwoman Race	35-39 Ironman Race	
	30-34 Ironwoman Race	30-34 Ironman Race	
	70+ Female Surf Race	70+ Male Surf Race	
	65-69 Female Surf Race	65-69 Male Surf Race	
	60-64 Female Surf Race	60-64 Male Surf Race	
	55-59 Female Surf Race	55-59 Male Surf Race	
	50-54 Female Surf Race	50-54 Male Surf Race	
	45-49 Female Surf Race	45-49 Male Surf Race	
	40-44 Female Surf Race	40-44 Male Surf Race	
	35-39 Female Surf Race	35-39 Male Surf Race	
	30-34 Female Surf Race	30-34 Male Surf Race	



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	WATER 1	WATER 2	
	70+ Female Board Race	70+ Male Board Race	
	65-69 Female Board Race	65-69 Male Board Race	
	60-64 Female Board Race	60-64 Male Board Race	
	55-59 Female Board Race	55-59 Male Board Race	
	50-54 Female Board Race	50-54 Male Board Race	
	45-49 Female Board Race	45-49 Male Board Race	
	40-44 Female Board Race	40-44 Male Board Race	
	35-39 Female Board Race	35-39 Male Board Race	
	30-34 Female Board Race	30-34 Male Board Race	
	70+ Female Single Ski Race	70+ Male Single Ski Race	<i>Doubles will be interspersed with single ski races</i>
	65-69 Female Single Ski Race	65-69 Male Single Ski Race	30-39 Mixed Double Ski Race
	60-64 Female Single Ski Race	60-64 Male Single Ski Race	40-49 Mixed Double Ski Race
	55-59 Female Single Ski Race	55-59 Male Single Ski Race	50+ Mixed Double Ski Race
	50-54 Female Single Ski Race	50-54 Male Single Ski Race	30-39 Female Double Ski Race
	45-49 Female Single Ski Race	45-49 Male Single Ski Race	30-39 Male Double Ski Race
	40-44 Female Single Ski Race	40-44 Male Single Ski Race	40-49 Female Double Ski Race
	35-39 Female Single Ski Race	35-39 Male Single Ski Race	40-49 Male Double Ski Race
	30-34 Female Single Ski Race	30-34 Male Single Ski Race	50-59 Female Double Ski Race
			50-59 Male Double Ski Race
	170 min Female Surf Teams Race	170 min Male Surf Teams Race	60-69 Female Double Ski Race
	150 min Female Surf Teams Race	150 min Male Surf Teams Race	60-69 Male Double Ski Race
	130 min Female Surf Teams Race	130 min Male Surf Teams Race	70+ Female Double Ski Race
	110 min Female Surf Teams Race	110 min Male Surf Teams Race	70+ Male Double Ski Race
	170 min Female Board Relay	170 min Male Board Relay	
	150 min Female Board Relay	150 min Male Board Relay	
	130 min Female Board Relay	130 min Male Board Relay	
	110 min Female Board Relay	110 min Male Board Relay	
	170 min Female Single Ski Relay	170 min Male Single Ski Relay	
	150 min Female Single Ski Relay	150 min Male Single Ski Relay	
	130 min Female Single Ski Relay	130 min Male Single Ski Relay	
	110 min Female Single Ski Relay	110 min Male Single Ski Relay	
	170 min Female Taplin Relay	170 min Male Taplin Relay	
	150 min Female Taplin Relay	150 min Male Taplin Relay	
	130 min Female Taplin Relay	130 min Male Taplin Relay	
	110 min Female Taplin Relay	110 min Male Taplin Relay	

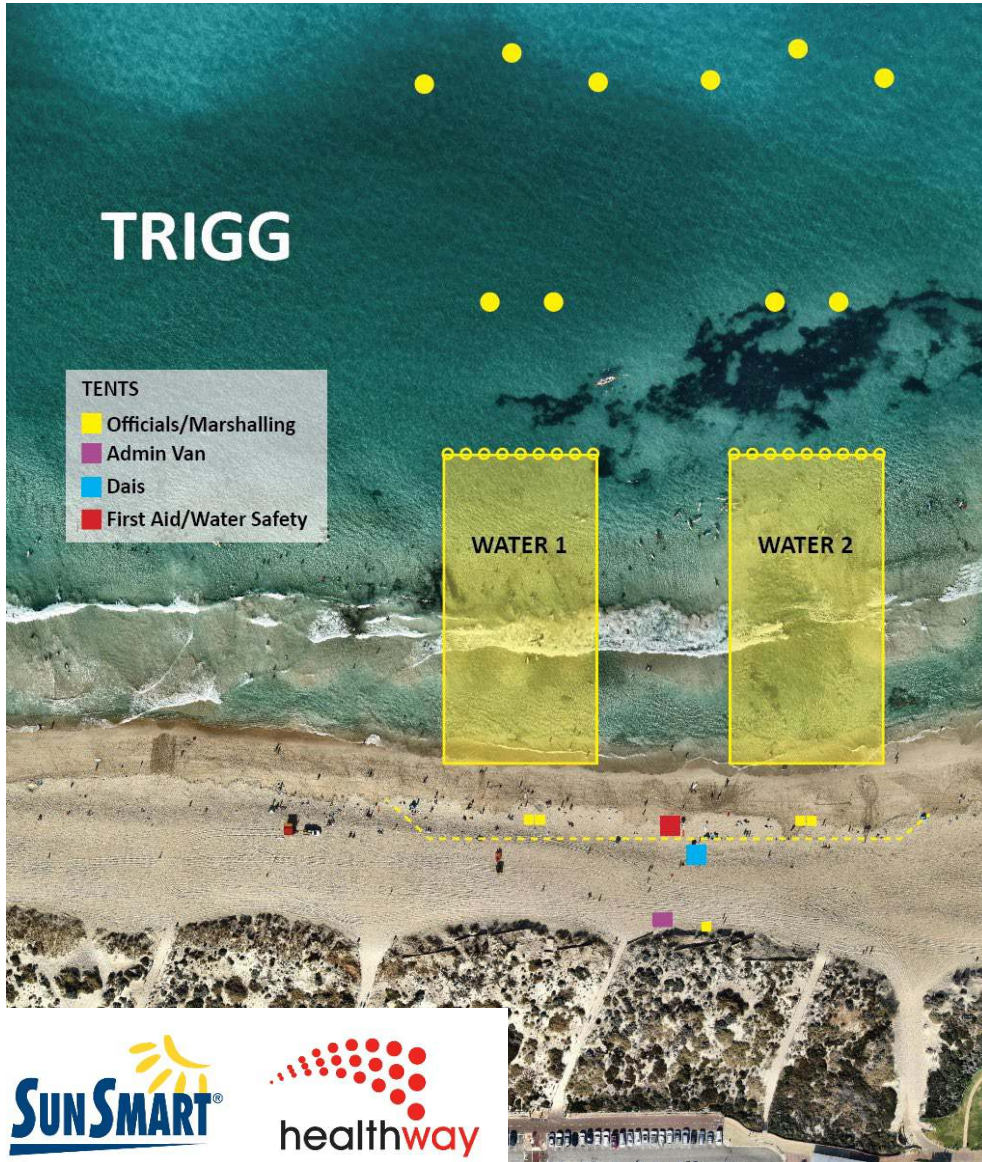


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## MAP & ROSTERS



WATER SAFETY ROSTER	
1 x IRB driver & crew and 1 x water safety member per arena	
Water Arena 1	Water Arena 2
Session 1: 7:00am	Session 1: 7:00am
Sorrento	Mullaloo
Session 2: 9:30am	Session 2: 9:30am
Fremantle	North Cottesloe
Session 3: 12:00pm	Session 3: 12:00pm
Trigg	Scarboro

FIRST AID ROSTER
2 first aiders per time slot
Saturday 7:00am
Cottesloe
Saturday 9:30am
Swanbourne Nedlands
Saturday 12:00pm
City of Perth
First Aiders to have minimum of Bronze Medallion or a First Aid Certificate.

Further details about this Championship can be found in [Bulletin 04 – 2023 SunSmart WA Surf Life Saving Championships – Masters](#).

For more information, please contact:  
 SLSWA's Surf Sports team on 9207 6666 or [surfsports@slswa.com.au](mailto:surfsports@slswa.com.au).  
 Surf Life Saving WA, 7 Delawney Street, Balcatta WA 6021

W: [www.mybeach.com.au](http://www.mybeach.com.au) | [facebook.com/surflifesavingwa](https://www.facebook.com/surflifesavingwa) | [@slswa](https://twitter.com/slswa)

